



## **Bristol Health & Wellbeing Board**

### **Children and Young People's Emotional Health Transformation 2016/17**

Author, including organisation	<b>Alex Layard, Transformation Manager NHS Bristol CCG / Rebecca Cross Strategic Commissioning Manager NHS BCCG/ BCC</b>
Date of meeting	14 <sup>th</sup> December 2016
Report for Information	

#### **1. Purpose of this Paper**

To inform the Health and Wellbeing Board (HWB) of the refreshed Children and Young People's Emotional Health Transformation Plan for 2016/17.

The plan has been signed off by Martin Jones on behalf of the HWB and was submitted to NHS England on 31<sup>st</sup> October 2016. The plan is publically available on the NHS Bristol CCG website at:

<https://www.bristolccg.nhs.uk/your-health-local-services/help-and-support/young-peoples-emotional-health/>

#### **2. Executive Summary**

The Bristol Emotional Health & Wellbeing (EHWB) Transformation Plan 2015 – 2020 was based on 'Future in Mind' (2015), NHS England allocated our first tranche of transformation funding in November 2015. Our first area of work has been to improve eating disorder services across Bristol, North Somerset and South Gloucestershire (BNSSG) – this was a national priority for all Clinical Commissioning Groups (CCGs) set out by the government.

In July 2016, NHS England published 'Implementing of the Five Year Forward View for Mental Health'. This guidance identified new areas for us to focus on and this has been included in our plans for 2016/17. This plan does not include our work on perinatal mental health, as that is covered elsewhere. This plan also links closely with our local Sustainability and Transformation Plan and contributes to the Integrated Assessment Framework. The key headlines are:

- Improve access and waiting times for evidence based interventions, improving parity of esteem with physical services.
- Improve capacity and capability to support children and young people
- Participate in Improving Access to Psychological Therapies Collaborative training (IAPT)

- Work towards sustainable 24/7 urgent and emergency service
- Provide community eating disorder services, compliant with access targets and independently accredited
- Improved access to mental health support to children and young people at risk of or in the early stages of criminal justice involvement
- Ensure data quality and transparency - increase digital maturity

### **3. Context**

In summer 2015, the Departments of Health and Education published a joint five year strategy 'Future in Mind' to transform services for children and young people's emotional health and wellbeing.

The vision for 2015 to 2020 is to ensure that every child, everywhere, receives the right support, as early as possible. It's much broader than just Children and Adolescent Mental Health Services (CAMHS) and includes working with schools, the local authority, universal and primary care services such as GPs and school nurses, as well as the voluntary and community sector. This work runs alongside the re-commissioning of community children's health services across Bristol and South Gloucestershire, which includes CAMHS.

### **4. Main body of the report**

The plan summarises what we have achieved to date since the first tranche of national funding was released in November 2015. It also describes the work plan we are delivering in 2016/17. This includes:

- Online counselling support and interventions pilot
- Additional counselling sessions and group work
- All Local Authority and school libraries have been provided with self-help books aimed at 13 to 18 year olds.
- Increased capacity in the eating disorders team and primary mental health professionals to work in social care teams.
- Significant financial investment in IT systems.
- Training up to 380 social care and Early Help staff in emotional distress and trauma with a particular focus on self-harm and suicidal ideation.
- Mental Health First Aid training to up to 48 school nurses, Children Centres staff, sexual health nurses & Youth Offending Team
- Providing 96 more parents with the Incredible Years parenting course

#### **Working with schools and others**

CASCADE training will bring together mental health leads in schools and CAMHS embedding long term collaboration and integration.

We have been consulting and engaging with a range of professionals and members of the public since the start and this work will continue.

#### **Eating disorders, inpatient beds and complex care**

By 2020/21, we will have evidence-based community eating disorder services with reduced waiting times.

We are working with colleagues in NHS England and across our Sustainability and Transformation Plan footprint to develop a collaborative plan for commissioning pathways including inpatient beds. We are planning to commission a 24 hour flexible crisis service building on the Partnership Outreach Pilot which includes the voluntary sector. It provides intensive support for those presenting to hospital following self-harm.

### Workforce

We are developing joint agency workforce plans to ensure continuing professional development. This includes promoting and integrating the principles and values of CYP IAPT throughout the wider workforce.

## 5. Key risks and Opportunities

### Risks:

- Increasing demand from children and young people at a time of constrained resources
- Ability of providers to deliver capacity to meet demand
- Recruitment challenges due to national shortage of clinical staff
- Lack of evidence-based interventions for many presenting conditions

### Opportunities:

- Transformation funding can enable innovation
- Investment in IT systems improve clinical and management reporting
- Engagement of children and young people, and their friends and families in transformation increases chances of success
- Partnership working with schools, specialist services and primary care

## 6. Implications -Financial (Legal – N/A)

<b>NHS Bristol CCG spending</b>	<b>Actuals</b>		<b>Planned</b>
<b>Description</b>	<b>2014-15 Bristol CCG</b>	<b>2015-16 Bristol CCG</b>	<b>2016-17 Bristol CCG</b>
Main block CAMHS	4,467,377	4,557,362	4,534,903
<b>Total Block</b>	<b>4,467,377</b>	<b>4,557,362</b>	<b>4,534,903</b>
<b>Other</b>			
Off the record	50,895	60,215	61,827
Crisis Outreach	400,000	61,724	-
CHC Children's ED and transformation	311,365	421,225	430,000
	-	869,411	1,023,680
CYP IAPT	-	51,250	133,750
<b>Total other CAMHS</b>	<b>762,260</b>	<b>1,463,825</b>	<b>1,649,257</b>
<b>NHS BCCG Total</b>	<b>5,229,637</b>	<b>6,021,187</b>	<b>6,184,160</b>

<b><u>Bristol City Council spending</u></b>	<b>14/15 - Actual Spend</b>	<b>15/16 - Actual Spend</b>
CAMHS	974,595	988,516
Social Care Positive Behaviour Support	30,000	30,000
Oregon model for children in foster care	0	93,781
Troubled Families	49,534	72,836
Early Years - Emotional Needs	9,063	12,642
SEN – Positive Behaviour Support	30,000	30,000
	<b>1,093,192</b>	<b>1,227,775</b>
less - BCCG CAMHS 'BE SAFE' CONTRIBUTION	<b>-110,000</b>	<b>-110,000</b>
	<b>983,192</b>	<b>1,117,775</b>

Plus funding that has not been possible to disaggregate such as public health and youth services.

## **7. Evidence informing this report.**

Our transformation planning has included:

- Departments of Health and Education joint strategy 'Future in Mind' 2015
- 'Five Year Forward View for Mental Health; 2016
- Ongoing consultation and engagement with children and young people, families and professionals
- Children and young people's emotional health needs assessment 2015
- Activity data from existing providers
- Gap analysis of system wide pathway
- Public Health evidence reviews on early intervention for primary aged children, group work and online interventions

## **8. Conclusions**

The transformation programme is being led by a joint NHS and City Council team, working with providers, the voluntary sector, Bristol City Council officers and members, children, families, young people including the Youth Council and Freedom of Mind team. This integrated partnership approach will continue to shape and deliver the Bristol plan. The team can be contacted on [cypemotionalhealth@bristolccg.nhs.uk](mailto:cypemotionalhealth@bristolccg.nhs.uk) or on 0117 984 1592

## **9. Recommendations**

Health and Wellbeing Board is recommended to note the transformation plan.

## **10. Appendices**

Appendix 1: Children and young people's emotional health and wellbeing transformation plan refresh 2016